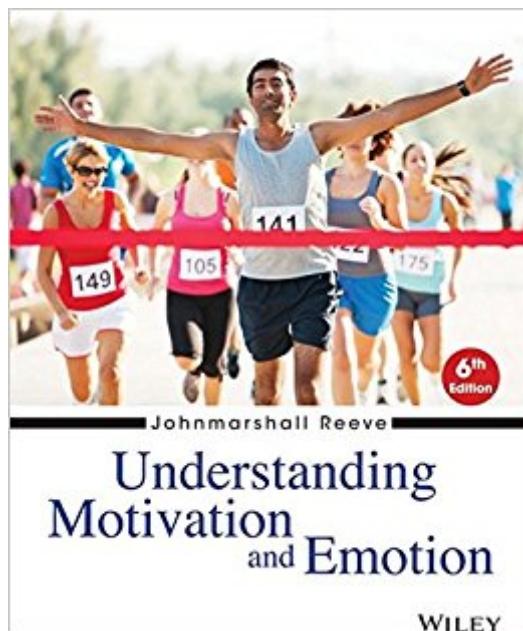


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# Understanding Motivation And Emotion



## **Synopsis**

Understanding Motivation and Emotion, 6th Edition helps readers understand motivation; where it comes from, how and why it changes over time, and how motivation can be increased. The book also shows how to apply the principles of motivation in applied settings, such as in schools, in the workplace, on the athletic field, in counseling, and in one's own personal life. Reeve's engaging writing captures the excitement of recent advances in the field to show the reader what contemporary motivation psychologists are excited about. He also uses effective examples and explains how motivation study can be applied to readers' daily lives. By combining a strong theoretical foundation with current research and practical applications, Reeve provides readers with a valuable tool for understanding why people do what they do and why people feel what they feel.

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## **Book Information**

Paperback: 648 pages

Publisher: Wiley; 6 edition (November 3, 2014)

Language: English

ISBN-10: 1118517792

ISBN-13: 978-1118517796

Product Dimensions: 7.4 x 1.3 x 9.4 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 14 customer reviews

Best Sellers Rank: #16,060 in Books (See Top 100 in Books) #38 in Books > Textbooks > Social Sciences > Psychology > Clinical Psychology #384 in Books > Self-Help > Motivational

## **Customer Reviews**

Needed more graphics and illustrations.

Useful. Life changing!

I needed for college, and the book store was sold out.

Easy to read. Straight forward. Perfect for an overview of the topic - does enough deep dives on the material that you get a sense of mastery, but not so much that it is overwhelming. Excellent book to introduce students to human motivation and emotion.

Good book! Match my instructors homework and course work.

Great information, Great Class

The book was in great condition. Smelled cleaned, good cover, clean, pages were hardly worn. Very satisfied.

received and was according to expectations

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